



Evaluation of compliance with microbiological criteria of herbal preparations produced by traditional medicine practitioners in Côte d'Ivoire

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ABSTRACT

Objective: This study was conducted to assess compliance with microbiological criteria of herbal medicines produced in Ivory Coast in order to ensure their safety and therapeutic efficacy.

Methodology and Results: 1,585 samples of herbal medicines in liquid, powder and capsule forms were collected from 200 traditional medicine practitioners in 14 cities of Ivory Coast.

Liquid forms represented 46.69% of the samples, powders 44.48%, and capsules 8.83%. These samples were subjected to microbiological analyses in accordance with AFNOR standards and focused on the search for several types of microbes such as: Total Aerobic Mesophilic Flora (TAMF), Total Coliforms (TC), Thermotolerant Coliforms (TTC), Yeasts and Molds (LM), *Escherichia coli*, *Pseudomonas aeruginosa*, *Salmonella*, *Shigella*, *Staphylococcus aureus*, *Listeria monocytogenes* and *Clostridium perfringens*. The analysis results indicate varying levels of microbiological contamination among the samples. Total aerobic mesophilic flora was detected in high proportions in the samples, while microbes such as *E. coli*, *P. aeruginosa*, *Salmonella*, and *Shigella* were found in low proportions. Also, pathogenic microbes such as *S. aureus*, *L. monocytogenes*, and *C. perfringens* were absent in all the samples analysed.

Conclusion and Application of results: Some samples showed contamination levels exceeding the acceptable thresholds of microbiological quality criteria. However, the majority of herbal medicines analysed complied with the microbiological safety criteria defined by the WHO.

Keywords: herbal preparations, traditional medicine practitioners (TMPs), microbiological analyses, microbes, contamination levels.